

Vegan Box - 'Barbados' - 17/09/21

Serves four persons

Cou Cou

Okra and Cornmeal Dumplings
Hot spiced peppery tomato sauce

Allergens: G, SO²

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Bajan soup

Pumpkin and Corn Broth, Nutmeg, Vanilla and Cinnamon.
Fresh spring onions

Ce

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Palm Heart "Fish Cakes"

Lightly fried fritters, Rich yellow pepper sauce

G, SO²

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Bbq Sweetcorn

Medley of chilli, coriander & grated coconut

N, SO²

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Baked sweet potato

Classic Bajan pepper sauce, scotch bonnet & black pepper

SO²

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Yellow split pea rice

Light and unctuous yellow split pea rice lightly fragranced.

Ce

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Cassava pone

Soft cassava and coconut sponge

G, SO²

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Caramelized roasted pineapple

dark rum and vanilla cream

SO²